



Curriculum Development using VR technology to enhance empathetic communication skills in future health care professionals

VET Work Area 1&2: Directed Self-Learning Guide

Learners need to read the papers:

- Zaki J, Ochsner KN. The neuroscience of empathy: progress, pitfalls and promise. *Nature neuroscience*. 2012 May;15(5):675.
- Lamothe, M., McDuff, P., Pastore, Y. D., Duval, M., & Sultan, S. (2018). Developing professional caregivers' empathy and emotional competencies through mindfulness-based stress reduction (MBSR): Results of two proof-of-concept studies. *BMJ Open*, 8(1). <https://doi.org/10.1136/bmjopen-2017-018421>

Learners need to read and familiarize themselves with:

1. **The Adjusted framework for empathy skills and competencies for carers (based on the SEGUE Framework) found here:** [Handout 1 Adjusted framework for empathy skills \(SEGUE\).docx](#)
2. **A Guide for Caregivers: informed by the Calgary-Cambridge Guide to the Medical Interview found here:** [Handout 2 A Guide for Caregivers \(Calgary-Cambridge\).docx](#)
3. **Use A Guide for Caregivers: Calgary/Cambridge Guide to evaluate the video** [Caregiver Training: Refusal to Bathe | UCLA Alzheimer's and Dementia Care - YouTube](#)

IO7A2: Development of the Tutor Guide [HE Work Area 1 – Directed Self-Learning Guide]



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